

Study Objectives



- Open
- Web Site Materials
 - Resources, Videos, PDF, Video & Sessions
- Songs – Discussion Points
- 1 JN 2.28-29 Mains/Bullets/Insights

MPLS
March 21, 2022

The Sabbath Rest Experiential Christianity

Sabbath Rest



1Jo 2:28 And now, little children, abide in him, so that when he appears we may have confidence and not shrink from him in shame at his coming. 29 If you know that he is righteous, you may be sure that every one who does right is born of him.

Sabbath Rest



Building Blocks of Faith

- Definitions
- Synonyms
- Apostolic/Scriptural Unfolding – NT Epistles Interpretive Lens
- Exhortational Foundation

Fellowship of LIFE



Building Blocks of Faith

- Have LIFE
- Testimony of the Father
- Having Believed Evidence of Faith
- Promise of the Spirit

Blood of Christ



Building Blocks of Faith

- Incarnate God; Birth God/Man; New Creation
- Reality of the Blood; Human; Man
- Curse/LIFE
- Blood of Old/Blood of New
- Cry of the Heart “Abba Father”; Peace with God
- Experience of LIFE

Study Method



Building Blocks of Faith

- Methodical Bible Study: Basic & Advanced Step
- Kipling in Experience
- Epistolary Method: Experience of Resident Life
- Know by the Knowing Experience

*I never asked you to live the Christian life,
I came to share MY LIFE with you.*



Softly and Tenderly

Link |

ZACH WILLIAMS

Zach Williams - No Longer Slaves (Live from Harding
Prison)

Link |

A rustic wooden ceiling with exposed beams, warm lighting, and greenery. The scene is lit with warm, glowing lights, creating a cozy atmosphere. Greenery is visible in the background, adding a natural touch to the wooden structure.

Just A Little Talk With Jesus

[Link](#) |

1:1 That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and touched with our hands, concerning the word of life—**2** the life was made manifest, and we saw it, and testify to it, and proclaim to you the eternal life which was with the Father and was made manifest to us—**3** that which we have seen and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. **4** And we are writing this that our joy may be complete.

5 This is the message which we have heard from him and proclaim to you, that God is light and in him is no darkness at all. **6** If we say we have fellowship with him while we walk in darkness, we lie and do not live according to the truth; **7** but if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. **8** If we say we have no sin, we deceive ourselves, and the truth is not in us. **9** If we confess our sins, he is faithful and just, and will forgive our sins and cleanse us from all unrighteousness. **10** If we say we have not sinned, we make him a liar, and his word is not in us.

2:1 My little children, I am writing this to you so that you may not sin; but if any one does sin, we have an advocate with the Father, Jesus Christ the righteous; **2** and he is the expiation for our sins, and not for ours only but also for the sins of the whole world.

3 And by this we may be sure that we know him, if we keep his commandments. **4** He who says “I know him” but disobeys his commandments is a liar, and the truth is not in him; **5** but whoever keeps his word, in him truly love for God is perfected. By this we may be sure that we are in him: **6** he who says he abides in him ought to walk in the same way in which he walked.

7 Beloved, I am writing you no new commandment, but an old commandment which you had from the beginning; the old commandment is the word which you have heard. **8** Yet I am writing you a new commandment, which is true in him and in you, because the darkness is passing away and the true light is already shining. **9** He who says he is in the light and hates his brother is in the darkness still. **10** He who loves his brother abides in the light, and in it there is no cause for stumbling. **11** But he who hates his brother is in the darkness and walks in the darkness, and does not know where he is going, because the darkness has blinded his eyes.

12 I am writing to you, little children, because your sins are forgiven for his sake. **13** I am writing to you, fathers, because you know him who is from the beginning. I am writing to you, young men, because you have overcome the evil one. I write to you, children, because you know the Father. **14** I write to you, fathers, because you know him who is from the beginning. I write to you, young men, because you are strong, and the word of God abides in you, and you have overcome the evil one.

15 Do not love the world or the things in the world. If any one loves the world, love for the Father is not in him. **16** For all that is in the world, the lust of the flesh and the lust of the eyes and the pride of life, is not of the Father but is of the world. **17** And the world passes away, and the lust of it; but he who does the will of God abides for ever.

18 Children, it is the last hour; and as you have heard that antichrist is coming, so now many antichrists have come; therefore we know that it is the last hour. **19** They went out from us, but they were not of us; for if they had been of us, they would have continued with us; but they went out, that it might be plain that they all are not of us.

20 But you have been anointed by the Holy One, and you all know. **21** I write to you, not because you do not know the truth, but because you know it, and know that no lie is of the truth. **22** Who is the liar but he who denies that Jesus is the Christ? This is the antichrist, he who denies the Father and the Son. **23** No one who denies the Son has the Father. He who confesses the Son has the Father also. **24** Let what you heard from the beginning abide in you. If what you heard from the beginning abides in you, then you will abide in the Son and in the Father. **25** And this is what he has promised us, eternal life.

26 I write this to you about those who would deceive you; **27** but the anointing which you received from him abides in you, and you have no need that any one should teach you; as his anointing teaches you about everything, and is true, and is no lie, just as it has taught you, abide in him.

28 And now, little children, abide in him, so that when he appears we may have confidence and not shrink from him in shame at his coming. **29** If you know that he is righteous, you may be sure that every one who does right is born of him.

3:1 See what love the Father has given us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him. **2** Beloved, we are God’s children now; it does not yet appear what we shall be, but we know that when he appears we shall be like him, for we shall see him as he is. **3** And every one who thus hopes in him purifies himself as he is pure.

4 Every one who commits sin is guilty of lawlessness; sin is lawlessness. **5** You know that he appeared to take away sins, and in him there is no sin. **6** No one who abides in him sins; no one who sins has either seen him or known him. **7** Little children, let no one deceive you. He who does right is righteous, as he is righteous. **8** He who commits sin is of the devil; for the devil has sinned from the beginning. The reason the Son of God appeared was to destroy the works of the devil. **9** No one born of God commits sin; for God’s nature abides in him, and he cannot sin because he is born of God. **10** By this it may be seen who are the children of God, and who are the children of the devil: whoever does not do right is not of God, nor he who does not love his brother.

11 For this is the message which you have heard from the beginning, that we should love one another, **12** and not be like Cain who was of the evil one and murdered his brother. And why did he murder him? Because his own deeds were evil and his brother’s righteous. **13** Do not wonder, brethren, that the world hates you. **14** We know that we have passed out of death into life, because we love the brethren. He who does not love abides in death. **15** Any one who hates his brother is a murderer, and you know that no murderer has eternal life abiding in him. **16** By this we know love, that he laid down his life for us; and we ought to lay down our lives for the brethren. **17** But if any one has the world’s goods and sees his brother in need, yet closes his heart against him, how does God’s love abide in him? **18** Little children, let us not love in word or speech but in deed and in truth.

19 By this we shall know that we are of the truth, and reassure our hearts before him **20** whenever our hearts condemn us; for God is greater than our hearts, and he knows everything. **21** Beloved, if our hearts do not condemn us, we have confidence before God; **22** and we receive from him whatever we ask, because we keep his commandments and do what pleases him. **23** And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. **24** All who keep his commandments abide in him, and he in them. And by this we know that he abides in us, by the Spirit which he has given us.

1 John RSV

4:1 Beloved, do not believe every spirit, but test the spirits to see whether they are of God; for many false prophets have gone out into the world. **2** By this you know the Spirit of God: every spirit which confesses that Jesus Christ has come in the flesh is of God, **3** and every spirit which does not confess Jesus is not of God. This is the spirit of antichrist, of which you heard that it was coming, and now it is in the world already.

4 Little children, you are of God, and have overcome them; for he who is in you is greater than he who is in the world. **5** They are of the world, therefore what they say is of the world, and the world listens to them. **6** We are of God. Whoever knows God listens to us, and he who is not of God does not listen to us. By this we know the spirit of truth and the spirit of error.

7 Beloved, let us love one another; for love is of God, and he who loves is born of God and knows God. **8** He who does not love does not know God; for God is love. **9** In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. **10** In this is love, not that we loved God but that he loved us and sent his Son to be the expiation for our sins. **11** Beloved, if God so loved us, we also ought to love one another. **12** No man has ever seen God; if we love one another, God abides in us and his love is perfected in us.

13 By this we know that we abide in him and he in us, because he has given us of his own Spirit. **14** And we have seen and testify that the Father has sent his Son as the Savior of the world. **15** Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. **16** So we know and believe the love God has for us. God is love, and he who abides in love abides in God, and God abides in him.

17 In this is love perfected with us, that we may have confidence for the day of judgment, because as he is so are we in this world. **18** There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and he who fears is not perfected in love. **19** We love, because he first loved us. **20** If any one says, “I love God,” and hates his brother, he is a liar; for he who does not love his brother whom he has seen, cannot love God whom he has not seen. **21** And this commandment we have from him, that he who loves God should love his brother also.

5:1 Every one who believes that Jesus is the Christ is a child of God, and every one who loves the parent loves the child. **2** By this we know that we love the children of God, when we love God and obey his commandments. **3** For this is the love of God, that we keep his commandments. And his commandments are not burdensome. **4** For whatever is born of God overcomes the world; and this is the victory that overcomes the world, our faith. **5** Who is it that overcomes the world but he who believes that Jesus is the Son of God?

6 This is he who came by water and blood, Jesus Christ, not with the water only but with the water and the blood. **7** And the Spirit is the witness, because the Spirit is the truth. **8** There are three witnesses, the Spirit, the water, and the blood; and these three agree. **9** If we receive the testimony of men, the testimony of God is greater; for this is the testimony of God that he has borne witness to his Son. **10** He who believes in the Son of God has the testimony in himself. He who does not believe God has made him a liar, because he has not believed in the testimony that God has borne to his Son. **11** And this is the testimony, that God gave us eternal life, and this life is in his Son. **12** He who has the Son has life; he who has not the Son of God has not life.

13 I write this to you who believe in the name of the Son of God, that you may know that you have eternal life. **14** And this is the confidence which we have in him, that if we ask anything according to his will he hears us. **15** And if we know that he hears us in whatever we ask, we know that we have obtained the requests made of him. **16** If any one sees his brother committing what is not a mortal sin, he will ask, and God will give him life for those whose sin is not mortal. There is sin which is mortal; I do not say that one is to pray for that. **17** All wrongdoing is sin, but there is sin which is not mortal.

18 We know that any one born of God does not sin, but He who was born of God keeps him, and the evil one does not touch him.

19 We know that we are of God, and the whole world is in the power of the evil one.

20 And we know that the Son of God has come and has given us understanding, to know him who is true; and we are in him who is true, in his Son Jesus Christ. This is the true God and eternal life. **21** Little children, keep yourselves from idols.

1 JN 2.28-29

Content Review

1Jo 2:28 And now, little children, abide in him, so that when he appears we may have confidence and not shrink from him in shame at his coming. **29** If you know that he is righteous, you may be sure that every one who does right is born of him.



1

Mains

Main Ideas, Key Central Phrase



2

Bullets

Own Words Summary Phrases



3

Insights

What I Have Learned, New Knowledge or Expanded Applications



4

Prayers

Knowing God's Will Praying In Faith





5

Quad Relationships

The Same Or Similar Truth From A Different Perspective

insight

 Add to list

 Share

When you have an *insight*, you have a feeling or emotion or thought that helps you to know something essential about a person or thing.

Insight isn't based on hard facts or evidence. And it doesn't have anything to do with using your senses such as sight or smell. When you gain *insight*, you are using your *intuition*, or *sixth sense*. *Insight* is formed from the prefix *in-* plus the English word *sight*, so this word literally means seeing inward.

synonyms: [penetration](#)

[see more](#) ▾

2. **noun** the clear (and often sudden) understanding of a complex situation

synonyms: [brainstorm](#), [brainwave](#)

[see more](#) ▾

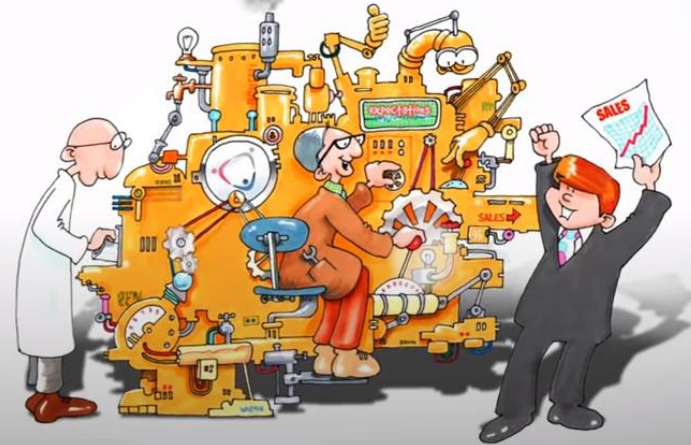
3. **noun** a feeling of understanding



consumer
focused

insight
driven

Insights

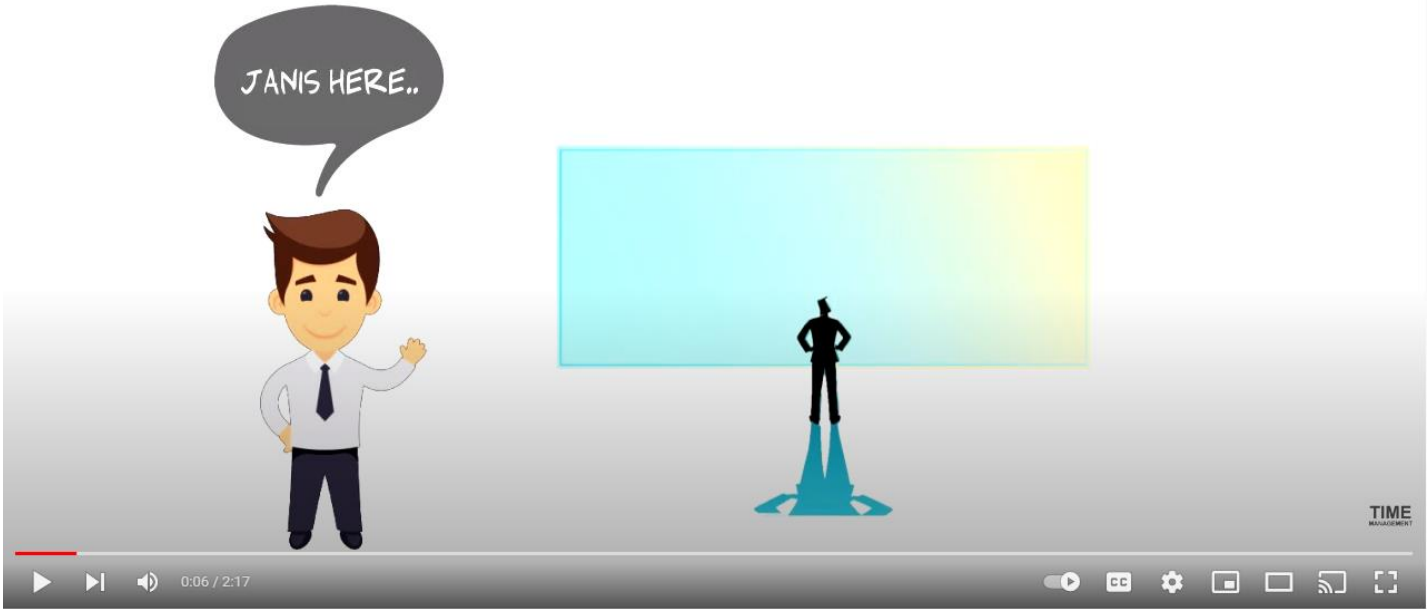
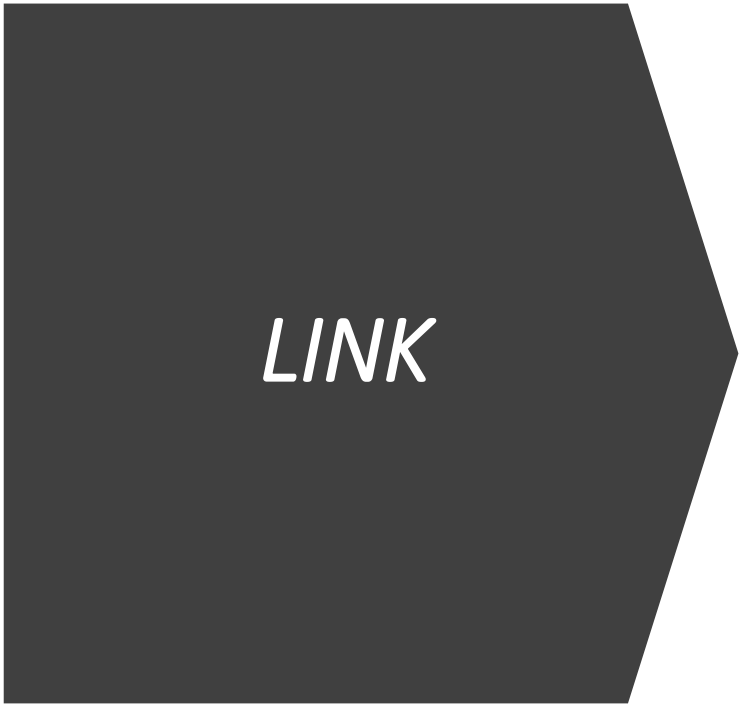


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Insights vs. Observations! Difference between Observation and Insight with Simple Real Life Example



What is Insight | Explained in 2 min

Column 1

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ETERNAL LIFE
Life made manifest
Fellowship 'a joint-participation'

God is Light
Fellowship w Light
Blood of Christ
Truth is in us

Not SIN
Advocate for Faith

Love for God PERFECTED
I KEEP I ABIDE I WALK

Love: living – active His LIFE
Lack of Life - stumbling

Thought Blocks
Built by the
Mind of God

1 John RSV

Column 2

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20 But you have been anointed by the Holy One, and **you all know.** **21** I write to you, not because you do not **know the truth,** but because you know it, and know that no lie is of the truth. **22** Who is the liar but he who denies that Jesus is the Christ? This is the **antichrist, he who denies the Father and the Son.** **23** No one who denies the Son has the Father. He **who confesses the Son has the Father also.** **24** Let what you heard from the beginning abide in you. If what you heard from the beginning abides in you, then you will **abide in the Son and in the Father.** **25** And this is what he has promised us, eternal life.

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28 And now, little children, **abide in him,** so that when he **appears** we may have **confidence** and **not shrink** from him in **shame** at his **coming.** **29** If you know that **he is righteous,** you may be sure that every one who does right is born of him.

Forgiven Overcome
Abides & Known

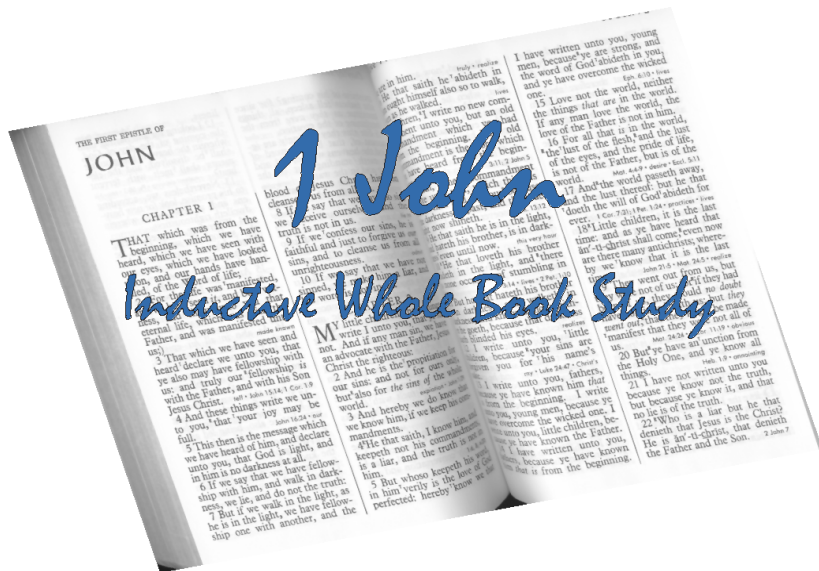
We love Father not world
Abide forever

Children know those not of us
went out made plain by Father
Amen Sister!

Anointed, Know
Truth, Abides

1 JN 2.28-29

Totally confident born of him



Key Words & Phrases

- | | |
|---------------------|---------------------|
| Abides | Jesus |
| Antichrist | Keep |
| Because | Know |
| Believe | Laid down His Life |
| Blood | Light |
| Born Of God | Love |
| Brother | Overcome |
| Christ | Perfect |
| Commandment | Righteous |
| Confidence | Savior |
| Darkness | Sin |
| Eternal Life - Life | Son |
| Fellowship | Son Jesus Christ |
| From The Beginning | Son Of God |
| God | Spirit |
| Hates | Spirit Of God Write |

***IF YOU KNOW,
YOU KNOW!***

SLUMP6S

1 JN 2.28-29

Column 2

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Anointed, Know
Truth Abides

Totally confident born of
him

Mains

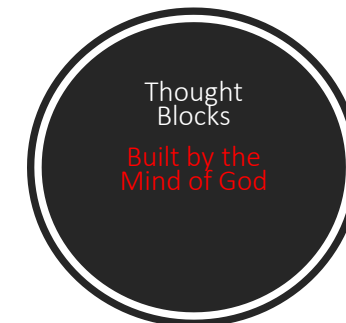
Bullets

Insights

Prayers

Quad Relationships

1 John RSV



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Column 2

Mains

Totally confident
born of him

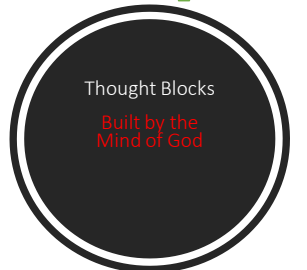
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Column 2

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Totally confident born of him

Insights

Insights Here

1 JN 2.28-29

1 John RSV

Thought
Blocks

Built by the
Mind of God

Column 2

Mains

Bullets

Insights

Insights Here

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Totally confident born of him

Prayers

Prayers Here

1 JN 2.28-29

Column 2

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Quad Relationships

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1 JN 2.28-29

Hebrews	Ephesians	Colossians	Galatians	1 John
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BUILT by the Mind of God

1 John RSV

Column 2

Mains

Bullets

Insights

Insights Here

Prayers

Prayers Here

Quad Relationships

Galatians

Built by the
Mind of God

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Ephesians

Built by the
Mind of God

28 And now, little children, abide in him, so that when he appears we may have confidence and not shrink from him in shame at his coming. 29 If you know that he is righteous, you may be sure that every one who does right is born of him.

1 JN 2.28-29

1 John RSV

Column 2

Mains

Bullets

Insights

Insights Here

Prayers

Prayers Here

Quad Relationships

Hebrews

Built by the
Mind of God

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1 JN 2.28-29

1 John RSV

Column 2

Mains

Bullets

Insights

Insights Here

Prayers

Prayers Here

Quad Relationships

Totally confident born of him

Built by the
Mind of God

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1 JN 2.28-29

Column 1

1:1 That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and touched with our hands, concerning the word of life—2 the life was made manifest and we saw it, and testify to it, and proclaim to you the eternal life which was with the Father and was made manifest to us—3 that which we have seen and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. 4 And we are writing this that our joy may be complete.

5 This is the message we have heard from him and proclaim to you, that God is light and in him is no darkness at all. 6 If we say we have fellowship with him while we walk in darkness, we lie and do not live according to the truth; 7 but if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. 8 If we say we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, he is faithful and just, and will forgive our sins and cleanse us from all unrighteousness. 10 If we say we have not sinned, we make him a liar, and his word is not in us.

2:1 My little children, I am writing this to you so that you may not sin, but if any one does sin, we have an advocate with the Father, Jesus Christ the righteous; 2 and he is the expiation for our sins, and not for ours only but also for the sins of the whole world.

3 And by this we may be sure that we know him, if we keep his commandments. 4 He who says "I know him" but disobeys his commandments is a liar, and the truth is not in him; 5 but whoever keeps his word, in him truly love for God is perfected. By this we may be sure that we are in him: 6 he who says he abides in him ought to walk in the same way in which he walked.

7 Beloved, I am writing you no new commandment, but an old commandment which you had from the beginning; the old commandment is the word which you have heard. 8 Yet I am writing you a new commandment, which is true in him and in you, because the darkness is passing away and the true light is already shining. 9 He who says he is in the light and hates his brother is in the darkness still. 10 He who loves his brother abides in the light, and in it there is no cause for stumbling. 11 But he who hates his brother is in the darkness and walks in the darkness, and does not know where he is going, because the darkness has blinded his eyes.

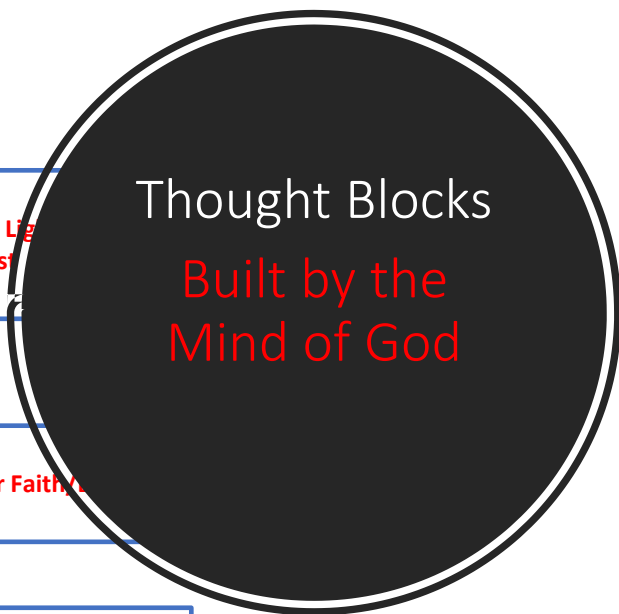
ETERNAL LIFE
Life made manifest
Fellowship 'a joint-participation'

God is Light
Fellowship w Light
Blood of Christ
Truth is in us

Not SIN
Advocate for Faith

Love for God PERFECTED
I KEEP I ABIDE I WALK

Love: living – active His LIFE
Lack of Life - stumbling



Column 2

12 I am writing to you, little children, because your sins are forgiven for his sake. 13 I am writing to you, fathers, because you know him who is from the beginning. I am writing to you, young men, because you have overcome the evil one. I write to you, children, because you know the Father. 14 I write to you, fathers, because you know him who is from the beginning. I write to you, young men, because you are strong, and the word of God abides in you, and you have overcome the evil one.

15 Do not love the world or the things in the world. If any one loves the world, love for the Father is not in him. 16 For all that is in the world, the lust of the flesh and the lust of the eyes and the pride of life, is not of the Father but is of the world. 17 And the world passes away, and the lust of it; but he who does the will of God abides for ever.

18 Children, it is the last hour; and as you have heard that antichrist is coming, so now many antichrists have come; therefore we know that it is the last hour. 19 They went out from us, but they were not of us; for if they had been of us, they would have continued with us; but they went out, that it might be plain that they all are not of us.

20 But you have been anointed by the Holy One, and you all know. 21 I write to you, not because you do not know the truth, but because you know it, and know that no lie is of the truth. 22 Who is the liar but he who denies that Jesus is the Christ? This is the antichrist, he who denies the Father and the Son. 23 No one who denies the Son has the Father. He who confesses the Son has the Father also. 24 Let what you heard from the beginning abide in you. If what you heard from the beginning abides in you, then you will abide in the Son and in the Father. 25 And this is what he has promised us, eternal life.

26 I write this to you about those who would deceive you; 27 but the anointing which you received from him abides in you, and you have no need that any one should teach you; as his anointing teaches you about everything, and is true, and is no lie, just as it has taught you, abide in him.

28 And now, little children, abide in him, so that when he appears we may have confidence and not shrink from him in shame at his coming. 29 If you know that he is righteous, you may be sure that every one who does right is born of him.

Forgiven Overcome
Abides & Known

We love Father not world
Abide forever

Children know those not of us
went out made plain by Father
Amen Sister!

Anointed, Know
Truth, Abides

Totally confident born of
him



• *The question is:*

• *The question is:*

• *The question is::*

